

River of Grass

Unitarian Universalist Congregation
11850 W State Rd 84, Ste A9, Davie, FL 33325

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – March 14, 2024

Scatter Seeds: A Vernal Equinox Celebration

If we reap just what we sow,
Let us scatter seeds of the love we're give
Scatter seeds and watch kindness grow.
– Amy Carol Webb

Sometimes 'round South Florida, where things are mostly always green with something or other in bloom all of our days, we can accidentally overlook the astonishing wisdom of Spring and all it means to life on our planet – and *in* us. This Sunday, we'll consider the power of seeds – of potential, of nurturing, of the “ish-ness” of it all -- what kinds of seeds we ourselves are planting – and what kinds of seeds we ourselves **are**.

Come as you are, in person or on Zoom and Facebook Live this Sunday at 10:30 to continue March's theme of “Awakening” with a celebration of the Vernal Equinox!

In person at:

- Our Sunday morning rental space is located at the Old Davie Schoolhouse
- 6650 Griffin Road, Davie, FL 33314 ([Click for Directions](#))
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our [facebook page](#).

Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

Upcoming In-Person or Virtual Events - This Sunday:

Sunday, March 10, 2024 - 10:30 AM

River of Grass UU Congregation – “Scatter Seeds: A Vernal Equinox Celebration” - Rev. Amy Carol Webb

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Faith Development for Kids and Youth:

This Sunday, our 4th - 6th graders, and their parents, will be participating in an orientation program for their OWL (Our Whole Lives Sexuality Education) program. All other kids will be remaining in service. For more information about our Faith Development program, contact our Director, Karen Gonzalez at ReligiousEducator@RiverofGrassUU.org.

Flowing River Sangha meditation on Sunday Mornings

The Flowing River Sangha meets Sunday mornings at 8:30 AM via Zoom. Come learn and practice the cultivation of present-moment awareness with an experienced meditator and group facilitator. Gary Gonzalez has been leading mindfulness meditation groups since 2014. Come join us via Zoom at the following link: [Flowing River Sangha Zoom Link](#). We look forward to seeing you there. Peace.

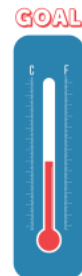
ANNUAL PLEDGE DRIVE 2024-25 OPENING DOORS TO TOMORROW - March 3 - March 31



IT'S THAT TIME OF YEAR - PLEASE GET YOUR PLEDGE IN

61% of our goal has been reached
PLEDGES RECEIVED TO DATE:
\$138,386

GOAL \$225,000



This new fiscal year begins July 1, 2024 and runs through June 30, 2025. Even though you filled out a pledge card for this current year, you will need to do it again for the upcoming year.

Your pledge packet was mailed to you and you have received a pledge email. Please think deeply about how this community has nourished you and how you can support the work in the world we are meant to do.

The full brochure is on our website at riverofgrassuu.org, next to the [Pledge Card link](#). It includes messages from Rev Amy, Karen Gonzalez, Faith Development Director, and our Board President, Kathy Jens-Rochow, some guidance on giving and a pledge card with a return envelope. The [digital pledge card](#) is the preferred way to let us know your wishes. With a few clicks, you are done! Or drop it in the Offering basket on Sunday morning.

We are in the budget phase of planning for next year. Please help us bring our plans to life at our new home on State Road 84 in Davie. If you still have not received a packet, please let us know; or if you have questions, we can be reached at stewardship@riverofgrassuu.org.

Leana Bresnahan and Rita Cherubini, Your 2024-25 APD Co-Chairs

Say what?

If you love social media or tech stuff, we can use your help.

We are organizing a team of a few people with the skills necessary to bring our communication methods into this century. To research various options and costs, consult with our Office Administrator and present a plan to the Board. Interested? Please contact Kathy Jens-Rochow at president@riverofgrassuu.org.



Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, [zoom link for Thursday night at 6 pm](#)

For more information or to register contact Carolyn@InsightInstituteLLC.com or Scott@InsightInstituteLLC.com, or visit <http://www.insightinstitutellc.com/>

UU the Vote 2024 Launch Webinar March 14:

UU the Vote 2024 is an ambitious strategy to grow a powerful pro-democracy majority. This year we will strengthen our commitment to democratic practices and a resilient democracy. Join us to learn about our work with State Action Networks, key ballot initiatives, political education and spiritual grounding opportunities, and our mass voter contact program.

Some candidates speak openly about ending free and fair elections, disparage trans people and immigrants, and celebrate limiting our individual freedoms. This year we will counter that by mobilizing our friends, our neighbors, and our fellow UUs to generate a groundswell of democratic action and leadership. To create a thriving future beyond Nov 5th.

Get ready for UU the Vote 2024! **On Thursday, Mar 14th at 8:00 pm** join UU leaders and partners to learn how you can show up for our values and communities in the critical 2024 elections.

To Register: [UU the Vote 2024 Launch](#)

Steve Jens-Rochow SSJGT@riverofgrassuu.org



BUUKies March Read – "Black Cake" by Charmaine Wilkerson. We will meet on Wednesday, Mar 20th at 7:00 pm to discuss this bUUK. [River BUUKies Zoom Link](#)

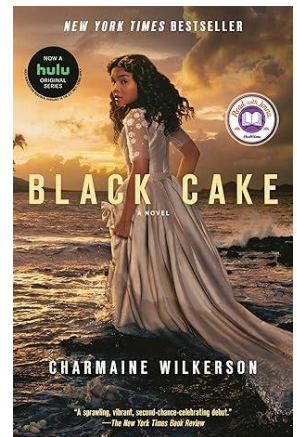
Two estranged siblings delve into their mother's hidden past—and how it all connects to her traditional Caribbean black cake—in this immersive family saga, "a character-driven, multigenerational story that's meant to be savored" (*Time*).

Meeting ID: 926 5701 7488; Passcode: 746613

One tap mobile: +13017158592,,92657017488#,,,,*746613# US (Washington DC)

BUUKies will discuss "Black Cake" on Wednesday, Mar 20 at 7:00 pm.

Please reply to Steve Jens-Rochow BUUKies@riverofgrassuu.org if you will attend the Discussion.



RoG Men's Group – We will continue to meet **in person at 7:00 pm in Suite A9, 595 Park of Commerce:** official address is 11850 SR 84, Suite A9, Davie, FL 33325 (GPS will get you to the 4-building complex. We're in the 1st Building, middle suite.) Our optional pre-meeting dinner will be at our own **Lester's Diner: 1393 NW 136th Ave, Sunrise, FL 33323.** We'll meet there at 5:30pm. We are a lay-led group that looks to our members for discussion topics. All who identify male are invited to join us! **We will next Thursday, Mar 21st, 7:00 to 8:30 PM,** in person or via [Zoom Meeting](#). If you're joining for dinner, please email Ken Bresnahan, group facilitator, so he can coordinate space.) The Zoom Meeting Room will open at 7:00 pm. Questions: contact Ken; mensgroup@riverofgrassuu.org.

Full Moon Daughters - Springtime Camping Trip March 22-March 24:

Get ready for springtime camping with the Full Moon Daughters! We are heading west to Highlands Hammock State Park, near Sebring. This is among Florida's earliest state parks and home to a magnificent old growth hammock, with more rare species of plants and animals than any other park in Florida. We will be camping from **Friday, Mar 22nd to Sunday, Mar 24th.** You can come for one night or two. For more information on the park: [Highlands](#)

[Hammock State Park](#). There will be nature walks and other activities, shared breakfasts and dinners at our campsite, and singing around the campfire. Does this sound like fun but not into sleeping on the ground? There are plenty of hotels nearby, so non-campers can join us and still enjoy a soft bed. This trip is for women and girls; our definition of female includes people who are non-binary or identify as female. Reservations are required for this trip, as we have limited sites. Email fullmoondaughters@riverofgrassuu.org to sign up. Please indicate if you want the hotel option. Those registered will receive more details about shared meals, gear required and activities. Diane Lade and Marilisa Lawless are outing sponsors.



“Spring Cleaning” for our overly busy minds:

A FREE 4-Week "Intro to Mindfulness Course" starts **Apr 10th via Zoom and in-person** (West Melbourne, FL). Tap into your own inner resources and participate in lively discussions. A variety of meditation practices and mindfulness activities will be shared, such as mindful movement, breath meditation, compassion practice and more! Register today to hold your spot. Use the QR Code in the image below or email Scott@insightinstitutellc.com. Free to all because we believe it is that important in today's world. Carolyn Sant Angelo and Scott May

A promotional poster for a mindfulness course. The background is a serene beach scene with a person sitting on the sand, looking out at the ocean under a cloudy sky. The text is overlaid on this image. At the top, it says 'Intro to Mindfulness' in large blue letters, followed by 'Free 4-Week Course' in orange. Below that, in a dark blue font, is 'A "Spring Cleaning" for our overly busy minds'. On the left, a circular white box contains the text 'Wednesdays 5:30 - 7pm ET', 'April 10 - May 1', and 'via Zoom'. On the right, a light blue box lists three bullet points: 'Take time for yourself', 'Clear out what doesn't serve you anymore', and 'Discover more peace'. Below the list is a QR code and the text 'Scan QR or email to register'. At the bottom right, it provides contact information: 'Scott@insightinstitutellc.com' and '954-646-0234'.

Intro to Mindfulness

Free 4-Week Course

A "Spring Cleaning" for our overly busy minds

- Take time for yourself
- Clear out what doesn't serve you anymore
- Discover more peace

Wednesdays
5:30 - 7pm ET

April 10 - May 1

via Zoom

Scan QR or email to register



Scott@insightinstitutellc.com
954-646-0234

SSJGT, Service and Social Justice Green Team, Green Tip of the Week: Stop paper billing statements! Simply go online and setup your bills and investments to send electronic statements, via email. It only takes a couple of minutes, and you will have less paper to deal with and will save trees!

To see all of the upcoming events at River of Grass, please visit the calendar on our website at riverofgrassuu.org/calendar.html. River of Grass UU Congregation is on [Facebook](#) (LIKE us) and [Twitter](#) (FOLLOW Us). For more information, please contact communityawareness@riverofgrassuu.org.

Unsubscribe - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements to be sent out in the weekly congregation-wide update should be e-mailed to WeeklyEmail@RiverofGrassUU.org by 12 pm Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.

River of Grass UU Congregation
6650 Griffin Rd, Davie, FL 33314 (Sunday Morning Service Location)
11850 W St Rd 84, Ste A9, Davie, FL 33325 (Office & Mailing Location)
954.723.7877 - office@riverofgrassuu.org