

River of Grass

Unitarian Universalist Congregation

3225 N Hiatus Rd, Unit 452485, Sunrise, Florida 33345

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – July 21, 2022

This summer we are excited to be offering a way for our members and friends to explore the variety of experiences that our UU faith has to offer and to meet other amazing congregations and ministers that Rev. Amy admires and wants us to get to know. Thanks to technology, we can visit congregations all across the country from our couch! This will also give our own volunteers a much needed break. We have put together a list of congregations that we can join each Sunday that is posted with the links on our website. Find it at <https://riverofgrassuu.org/index.html>. This will run from July 3rd to August 28th. **This Sunday July 24th, we will journey to NW UU Congregation in Atlanta, GA at 10:00 am** https://nwuuc.org/zoom/?fbclid=IwAR2FNys74q4AoSAQyChOnoLPxmBq9tPVmMNU2bHPwCB_hq0IL880kRAjN18.

After service Kathy Jens-Rochow will host a "**Sunday Noon Zoom Get-together**" from 12:00 to 1:30 so we all can meet, greet and feel connected! Grab your favorite beverage and join us! Join Zoom Meeting: <https://zoom.us/j/96108106093>; Meeting ID: 961 0810 6093.

GIVING

Even as we focus our attention away from our own congregation, on travel and visiting other UU congregations, and just taking a rest, we still need your contributions to sustain and strengthen this beloved community and its mission in our world. Each Sunday half of our undesignated offerings go to LifeNet4Families, which provides hot meals 365 days a year as well as clothing and support here in Broward county. The other half supports the mission and ministry at River of Grass.

To give, please go to: [Our Donation Page](#) or Text to Donate at 844-948-1153

Simply text an amount (no dollar sign needed) on your smartphone, and the key word "plate" to the number above, example: 10.00 plate. Please give generously and joyfully so that we may feed and fortify this congregation and its good work in the world that needs it, now more than ever.

Upcoming Virtual Events - This Sunday:

Sunday, July 17, 2022

First UU, Ann Arbor, MI at 10:00 am –

https://nwuuc.org/zoom/?fbclid=IwAR2FNys74q4AoSAQyChOnoLPxmBq9tPVmMNU2bHPwCB_hq0IL880kRAjN18

Rev. Amy Summer Vacation & Study Leave

My Beloveds, I have headed out for both my Summer Adventures 2022, as well as my work in service to the greater Unitarian Universalist community with conferences with the UU Ministers Association, General Assembly, SUUSI (Southeast UU Summer Institute), and as the UU minister in residence for week seven at the historic Chautauqua Institute. The business meetings of the UUMA (Unitarian Universalist Ministers' Association) and UUA GA (Unitarian Universalist Association General Assembly) are already underway. In between I'll have some vacation time and study time to rest, renew, and prepare for this most crucial coming congregational year as we build a new

way. I'll see you back in the office in mid-August, and back in the pulpit to launch our 11th year together on the first Sunday in September for Labor Day! If you have a pastoral care emergency that may require professional ministry, please contact the President of the Board, Kathy Jens-Rochow president@riverofgrassuu.org, or our Pastoral Care Team PastoralCare@riverofgrassuu.org.

Climate Activists

Save money and stress by going solar in a co-op group! The Broward Climate Alliance is a proud sponsor of the Broward Solar Co-op 2022! The website is now live: SolarUnitedNeighbors.org/Broward and interested residents and small businesses in Broward County can sign-up for free. Please open the attached banner.



Watching your electric bills go up? We have great news! We've teamed up with @SolarUnitedNeighbors to bring you the Broward Solar Co-op 2022. By joining, you'll learn how solar works and what it takes to go solar. Then, you'll have the opportunity to go solar at the group rate, alongside your neighbors! The co-op is free to join! Learn more and sign up at solarunitedneighbors.org/broward.

Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, [zoom link for Thursday night at 6 pm](#)

For more information or to register contact Carolyn@InsightInstituteLLC.com or Scott@InsightInstituteLLC.com, or visit <http://www.insightinstitutellc.com/>

Family Fun Day on Saturday, July 23 at 10 AM at Plantation Woods Park

Our next Faith Development get together will be on Saturday July 23rd at [Plantation Woods Park](#) from 10 am to 12 pm. We will meet at Pavilion 4. Kids can play on the playground and splash pad, so wear water-friendly clothes and bring your sunscreen! We'll have popsicles to help us stay cool! Email faithdevelopment@riverofgrassuu.org with any questions. See you there!

Good Grief Group – Summer!

Marilisa Lawless – an LMFT, with certificates in Grief, Addiction, and Trauma Therapy (LMFT, MCAP, LCH), member of the River of Grass Pastoral Care team, and queen of our current office space -- has offered to gather the group monthly in June and July before RevAmy returns in mid-August. The date is on the 4th Tuesday each month: **July 26**. Email pastoralcare@riverofgrassuu.org for details, and we'll be watching for you!

HI LOVERS OF BLACK FILM – We will discuss our July film on **Wednesday, Jul 27th at 7:00 pm.** "I Am Not Your Negro" (PBS 2016), available on Netflix, is a documentary and social critique film essay based on James Baldwin's unfinished manuscript [Remember This House](#). Narrated by actor Samuel L. Jackson [black], the film explores the history of racism in the United States through Baldwin's recollections of civil rights leaders Medgar Evers, Malcolm X, and Martin Luther King Jr., as well as his personal observations of American history. Directed by Raoul Peck [black].



The 8th Principle Black Film Group will discuss "I am Not Your Negro" on **Wednesday, Jul 27th at 7pm.** Please reply to Steve Jens-Rochow blackfilms@riverofgrassuu.org if you are coming. For Discussion join Zoom Meeting at 7pm: <https://us02web.zoom.us/j/84418593114>

Meeting ID: 844 1859 3114; One tap mobile +13017158592,,84418593114# US (Washington DC). Find your local number: <https://us02web.zoom.us/j/84418593114>.

SSJGT, Service and Social Justice Green Team, Green Tip of the Week: Be green with creative wrapping paper. Reuse items you have when wrapping gifts. From boxes to newspapers.... be creative! It will reduce the landfill, save you money, and help Mother Earth!

Interim Recommendations from the RoG COVID-19 Re-Emergence Team

Team: Deb Buehler Ely, Karen Gonzalez, Susan Juncosa, Jeanne Masten (COVIDTeam@RiverofGrassUU.org)

Purpose of Team: To review guidelines for congregational and smaller group gatherings in order to provide recommendations to the Board to be used for official River of Grass meetings and events.

These recommendations are:

For: only for official, River of Grass - sponsored outdoor and indoor small group gatherings.

Fluid: new information comes out all the time and the recommendations could change.

Inclusive: all attendees should be able to attend physically or virtually.

Protective: consider first those who are most at risk.

Science-based: follow the directives according to the experts.

Sources:

UUA: <https://www.uua.org/safe/pandemics/covid-19>

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html>

Johns Hopkins: <https://coronavirus.jhu.edu/us-map>

UU Reston Covid-19 Guidelines: <https://www.uureston.org/covid>

MEETINGS IN THE TIME OF COVID

RIVER OF GRASS COVID-19 TEAM RECOMMENDATIONS TO THE BOARD: Updated May 24, 2022

This is a living document that will be regularly reviewed and updated.

Based upon the updated CDC guidelines and the Broward County risk levels, the following measures are recommended to the Board.

Community Level High: Follow our previous guidelines, listed below.

In person Worship services - inside

- Masks required for all, with possible exception of speakers (see below). Masks should be KN-95 if possible.
- If the Minister and/or other speakers wish to be unmasked, they must take a rapid test the night before the service. They must maintain social distancing at all times while unmasked.
- Singing transmits more aerosols than speaking. At this time, no singing except the Minister. Humming OK!
- Maintain social distancing between household groups while indoors.
- No food or drinks inside.
- All attendees should sign in with current contact information in the event that contact tracing is required.

After service – outside

- Maintain social distancing.

Meetings and Small Groups – inside and outside.

- Group/meeting leader should determine if all attendees are vaccinated and comfortable with disclosing status. This may require some quick private conversations prior to the meeting! If everyone is not comfortable, masking and social distancing should be maintained.
- Food and drinks: up to the group. Be mindful of crowding.
- All attendees should sign in with current contact information in the event that contact tracing is required.

Community Level Medium: Individuals should follow CDC Guidelines for Medium

Community Level Low: Individuals should follow CDC Guidelines for Low

To see all of the upcoming events at River of Grass, please visit the calendar on our website at riverofgrassuu.org/calendar.html. **River of Grass UU Congregation** is on [Facebook](#) (LIKE us) and [Twitter](#) (FOLLOW Us). For more information, please contact communityawareness@riverofgrassuu.org.

Unsubscribe - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements to be sent out in the weekly congregation-wide update should be e-mailed to WeeklyEmail@RiverofGrassUU.org by 12 pm Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.