

River of Grass UU Congregation

December 26, 2021 – 10:30 am

Pride and Shame – What Lies Between

This coming Sunday Kechi Mourer, a member of our congregation, will bring us on a journey examining Pride and Shame and their link to each other. Kechi explains it this way... “Pride and shame are two sides of the same coin, perfect mirrors of one another. Both indicate the need for validation from another, both separate us from our true nature, and both keep us bound to the current version of ourselves.

Pride and shame serve as representations of our disowned parts. They are reflections of fragmented elements within us where we struggle to see ourselves truthfully. Rather than acceptance for who we are, broken or magnificent, we are met with internal resistance that disavows our true nature.”

We welcome you on Sunday morning at 10:30. Come a bit before and we can Chat prior to the service...

We'll be live on Zoom at the link below, as well as on our facebook page.

Topic: Worship December 26, 2021

Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

See you then!

Kechi Mourer

Pride and Shame – What Lies Between

River of Grass – December 26, 2021 – Order of Service

Oh, Let Us Gather

Welcome

Opening Words

Theme Hymn – “Enter, Rejoice and Come In” Words & Music: Louise Ruspini; Performed by: Faith Development kids & kazoos

Chalice Lighting

Recognizing the beauty around us and within us, in voice and spirit, we gather to light our chalice. May we savor the beauty of our abundance and diversity, always cherishing one another and our earth.

May we remember to inhale the lushness in life knowing that we are a people of beauty. (Kimberlee Anne Tomczak Carlson)

Covenant

Love is the spirit of this congregation and service is its law.

This is our great covenant:

to dwell together in peace, to seek the truth in love, and to help one another.

El Amor es el espíritu de esta congregación, y el servicio su ley principal.

Esta es nuestra gran promesa:

vivir juntos en paz, buscar la verdad a través del amor, y ayudarnos mutuamente.

Music Hymn – “Filed with Loving Kindness” Words: Ian Riddell; Music: Traditional Buddhist Meditation; Performed by: Linda Lathroum, Rev. Amy Carol Webb, and Gayle Giese

Candles of Community

Response

Announcements

Guest at Your Table

January Birthdays

Offering – Give digitally and via text: <https://riverofgrassuu.org/donations.html>

Wisdom Story – “The Yeti and the Jolly Lama: A Tale of Friendship” Written by: Lama Surya Das; Illustrated by: Vivian Mineker; Read by: Karen Gonzalez

Music Meditation – “Gracias a la Vida” Written by: Violeta Parra; Performed by: Aaron Stang and Linda Lathroum

Message – “Pride & Shame – What Lies Between” Kechi Mourer

Music – “Get Me Through December” Words & Music: Sampson Gordon Francis and Lavery Alfred Paul; Performed by: Alison Krauss and Natalie MacMaster; Video by: Aaron Stang

Extinguish Chalice

Closing Words

Carry the Flame

Hospitality Connection