

River of Grass UU Congregation

October 16, 2022 – 10:30 am

Embracing Daily Practices Into Our Lives

“ ‘Blessings’ is a song of gratitude. It’s about recognizing the little blessings that life has to offer. If we don’t take a moment to acknowledge them, we can often miss them.”

- Hollow Coves

Sunday’s worship service is presented by one of our members, Kechi Mourer. The message focuses on embracing daily practices into our lives. Together we look at ways that we can be fully present with ourselves and our loved ones so as to live our very best life intentionally each day.

Come as you are – either in-person at University of Florida IFAS Satellite Building or virtually on Zoom. We welcome you on Sunday morning at 10:30. Come a bit before and we can Chat prior to the service... See you then!

In person at:

University of Florida - IFAS
Fort Lauderdale Research and Education Center
3205 College Avenue, Davie, FL 33314

Directions: <https://flrec.ifas.ufl.edu/about-us/>

If you Are arriving via University Drive:

- Turn east at Nova Drive (SW 24th Street), which would be a right turn if driving from the south and a left turn if driving from the north.
- Drive east on Nova Drive to the first stoplight, which is College Avenue.
- Turn right onto College Avenue and drive south ¼ mile to the first entrance on the right side of the street. Look for a large blue monument sign with University of Florida on it. The entrance is 600 feet past this monument sign.

We’ll be live on Zoom at the link below, as well as on our facebook page <https://www.facebook.com/riverofgrassuu>.

Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

Worship Team

Embracing Daily Practices Into Our Lives

River of Grass – October 16, 2022 – Order of Service

Prelude – “Gracias a La Vida” Words & Music: Violeta Parra; Performed by: Aaron Stang and Linda Lathroum

Welcome

Membership Ceremony

Hymn – “From You I Receive” Words & Music: Words and Music: Joseph & Nathan Segal

Reading/Call to Worship

Theme Hymn – “Just As Long As I Have Breath” Words: Alicia S. Carpenter; Music: Johann Ebeling; Presented by: River of Grass Choir and accompanied by Cecilia Roy

Chalice Lighting

*When life seems a struggle between tedium and apathy
Or frenzy and exhaustion;
When today seems a punishment and tomorrow a torment,
May we find the courage of patience... (Rev. Richard S. Gilbert)*

Covenant

*Love is the spirit of this congregation and service is its law.
This is our great covenant:
to dwell together in peace, to seek the truth in love, and to help one another.
El Amor es el espíritu de esta congregación, y el servicio su ley principal.
Esta es nuestra gran promesa:
vivir juntos en paz, buscar la verdad a través del amor, y ayudarnos mutuamente.*

Music – “Blessings” Words & Music: Ryan Henderson and Matt Carins; Performed by: Aaron Stang, Linda Lathroum, and Cecilia Roy

Candles of Community

Response

Offering – “Somewhere Over The Rainbow” Music: Harold Arlen; Words: Yip Harburg; Performed by: Cecilia Roy and Aaron Stang

<http://riverofgrassuu.org/donations.html>

Wisdom Story – “A Sea of Pink” by: Elisa Davy Pearmain; Read by: Kathy Jens-Rochow

Singing Youth to Class – “We Love You and Bless You” Words & Music: Rev. Amy Carol Webb

Message – “Embracing Daily Practices Into Our Lives” Kechi Mourer

Reflection Music – Flute Meditation Composed and Performed by: Renato DeMoraes

Announcements

Closing Words – “Watch Your Step” Written by: Sheila Klein

Extinguish Chalice

Hospitality Connection