

# River of Grass UU Congregation

November 19, 2023 – 10:30 AM

## CULTIVATING GENEROSITY

*No one has ever become poor by giving.*

*- Anne Frank*

During this time of harvesting and feasting, we find ourselves reflecting on what we are grateful for. For some of us, gratitude is a daily practice. We've known for a long time that cultivating a spirit of gratitude helps decrease anxiety and depression and may even prevent illness. And we now know that the more we express our gratitude, the more generous we become. It's not just good for us, it's good for others. Christina Karns, Ph.D., a researcher at the University of Oregon, has mapped the relationship between gratitude and altruism in the brain and discovered the neural connection between the two is very deep, and that cultivating gratitude may encourage us to feel more generous. So, join us on Sunday, as we share our gratitude and cultivate a spirit of generosity.

Come as you are – either in-person at the Old Davie Schoolhouse Auditorium or virtually on Zoom. We welcome you on Sunday morning at 10:30. Come a bit before and we can Chat prior to the service... We'll be watching for you!

In person at:

- Our Sunday morning rental space is located at the Old Davie Schoolhouse
- 6650 Griffin Road, Davie, FL 33314 ([Click for Directions](#))
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our [facebook page](#).

### Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

Karen Gonzalez

# CULTIVATING GENEROSITY

## River of Grass – November 19, 2023 – Order of Service

**Prelude** – “Show a Little Kindness” Words & Music: Glen Campbell; Performed by: Cecilia Roy

**Welcome** – Rita Cherubini

**Opening Hymn #349** – “We Gather Together” Words & Music: Dorothy Caiger Senghas and Robert E. Senghas; Performed by: Cecilia Roy

**Call to Worship** – “A Letter to Our Better Angels” Written by: Sean Parker Dennison

**Theme Hymn #1031** – “Filled with Loving Kindness” Words: Traditional Buddhist Meditation; Music: Ian W. Riddell; Performed by: River of Grass choir; Gary Gonzalez

### Chalice Lighting

*When the great mosaic of humanity is treated with respect and dignity,*

*When no person is threatened by hunger or war,*

*When we have extended hospitality to the stranger and tended to the sick,*

*When equity and justice reign everywhere,*

*Then we shall all be free.*

*We light this flame to hold that moment in our spirit and in our minds until we can make it real.*

*-Adam Slate*

### Covenant

*In the light of love, let us renew our covenant as we say together:*

*Love is the spirit of this congregation and service is its law.*

*This is our great covenant:*

*to dwell together in peace, to seek the truth in love, and to help one another.*

*El Amor es el espíritu de esta congregación, y el servicio su ley principal.*

*Esta es nuestra gran promesa:*

*vivir juntos en paz, buscar la verdad a través del amor, y ayudarnos mutuamente.*

**Deepening Music #123** – “Spirit of Life” Words & Music: Carolyn McDade; Performed by: Cecilia Roy

### Candles of Community

### Stones of Reflection

### Pastoral Response

### Sung Response

*From all that dwell below the skies*

*let songs of hope and faith arise;*

*let peace, good will on earth be sung*

*through every land, by every tongue.*

### Offering Music

**Offering** – <http://riverofgrassuu.org/donations.html>

**Wisdom Story** – “Stone Soup” Read by: Karen Gonzalez

**Message** – “The Answer I Wish I’d Given” Erika Hewitt

**Closing Music** – “Kind and Generous” Words & Music: Natalie Merchant; Performed by: Cecilia Roy

### Announcements

**Closing Words** – “Letter from Our Better Angels” Written by: Sean Parker Dennison

### Extinguish Chalice

### Shine On

## Invite to Hospitality