

River of Grass Order of Service  
Sunday, February 8, 2026  
Monthly Theme: Embodying Resilience  
**Navigating the Highs and Lows**  
Linda Lathroum

**GATHERING**

**Morning Sing** #346 Come, Sing a Song with Me; Words and Music: Carolyn McDade  
Oh, Let Us Gather; Words and Music by RevAmy Carol Webb

**Ringing of the Chimes** Chalice Lighter: Xander Horton Tavera

**Prelude** Spirit of Life; Words and Music by Carolyn McDade

**Welcome**

**Call to Worship**

**Opening Words**

**Opening Music** Here Comes the Sun by the Beatles

**Chalice Lighting** Rev. Vanessa Rush

**CONNECTING**

**Covenant**

***English:** Love is the spirit of this congregation and service is its law.*

*This is our great covenant:*

*to dwell together in peace,*

*to seek the truth in love,*

*and to help one another.*

***Spanish:** El Amor es el espíritu de esta congregación*

*y el servicio su ley principal.*

*Esta es nuestra gran promesa:*

*vivir juntos en paz, buscar la verdad a través del amor,*

*y ayudarnos mutuamente.*

**Offering/Offertory**

**DEEPENING**

**Deepening Music** #1002 Comfort Me; Words, Music: Mimi Bornstein-Dob

**Candles of Community**

**Stones of Reflection**

**Pastoral Response** Shine and Shadow, Adapted by Rev. Kathleen McTigue

**Wisdom Story**

**Heritage** Dorothea Dix

**Hope** UU Mental Health Network and Barbara Meyers

**Reading** "Hope" is the Thing with Feathers' Emily Dickinson

**Further Deepening Music** We Are Made of Rain; Music and Words by RevAmy Carol Webb,  
presented by Gary Gonzalez

**Message** Embodying Resilience: Navigating the Highs and Lows; Linda Lathroum, Ph.D., MT-BC

**SENDING**

**Closing Music** #1021 Lean on Me; Words and Music: Bill Withers

**Closing Words**

**Extinguishing the Chalice**

**Announcements**

**Shine On**

**Invite to Hospitality/Music Reprise**