

River of Grass

Unitarian Universalist Congregation
11850 W State Rd 84, Ste A9, Davie, FL 33325

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – August 8, 2024

You Are Not Alone

*“Somewhere a circle of hands
will open to receive us, eyes will light up as we enter...” – Starhawk*

We will explore stigma and discrimination toward people with mental health conditions and look toward our UU Principles to heal the world.

Come as you are at 10:30 this Sunday morning – either in-person at our new location in Davie (info below) or virtually on Zoom and Facebook Live. Come a bit before and we can chat prior to the service. We'll be watching for you!

In person at:

- **11850 W State Road 84, Suite A9, Davie, FL 33325** ([Click for Directions](#))
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our [Facebook page](#).

Join Zoom Meeting

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Meeting ID: 961 564 350; Password: 873805

Find your local number: <https://zoom.us/u/ab3E9JRtb9>

Upcoming In-Person or Virtual Events - This Sunday:

Sunday, August 11, 2024 - 10:30 AM

River of Grass UU Congregation – “You Are Not Alone” - Gayle Giese

<https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09>

Faith Development for Kids and Youth:

River of Grass kids have fun all summer long! During our Summer Fun Faith Development program, we are offering fun activities and a children's fellowship every Sunday during worship through Aug. 25. These sessions take the place of regular Sunday school, which will return in September. For more information, contact the Summer Fun coordinator Diane Lade at 954-673-3465 or dlade@bellsouth.net.

Coming up this Summer Fun Sunday: This Sunday our children in Faith Development will have fun with Miss Diane!

Flowing River Sangha meditation on Sunday Mornings

The Flowing River Sangha meets on Sunday mornings at **8:30 AM via Zoom**. Come learn and practice the cultivation of present-moment awareness with an experienced meditator and group facilitator. Gary Gonzalez has been leading mindfulness meditation groups since 2014. Join us via Zoom at the following link: [Flowing River Sangha Zoom Link](#). We look forward to seeing you there. Peace.

Other Events:

Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, [zoom link for Thursday at 6 pm](#)

For more information or to register contact Carolyn@InsightInstituteLLC.com or Scott@InsightInstituteLLC.com, or visit <http://www.insightinstitutellc.com/>

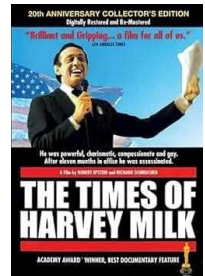
MUUies - August title is "The Times of Harvey Milk". Directed by Rob Epstein. **We will meet on Wednesday, Aug 14th at 7:00 pm to discuss this mUUvie.** [River MUUvies Zoom Link](#)

This is a documentary of the successful career and assassination of San Francisco's first elected gay city supervisor. Oscar-winning; Harvey Milk was the first openly gay elected city commissioner in America. Available on Max.

Meeting ID: 844 1859 3114; Passcode: 537288;

One tap mobile: +16465588656,,84418593114# US (New York)

Please reply to Steve Jens-Rochow at mUUvies@riverofgrassuu.org if you will attend the Discussion.



SSJGT, Service and Social Justice Green Team, Green Tip of the Week: *Check your attic insulation. Over time insulation can compress and redistribute, limiting its effectiveness. A quick inspection may identify spots for a radiant barrier and/or additional insulation. Reduced electric bills may easily offset the small inspection fee, and you are helping our planet.*

To see all of the upcoming events at River of Grass, please visit the calendar on our website at riverofgrassuu.org/calendar.html. **River of Grass UU Congregation** is on [Facebook](#) (LIKE us) and [Twitter](#) (FOLLOW Us). For more information, please contact communityawareness@riverofgrassuu.org.

Unsubscribe - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, office@riverofgrassuu.org.

Announcements wishing to be sent out in the weekly congregation-wide update should be e-mailed to WeeklyEmail@RiverofGrassUU.org by noon Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.

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