# **River of Grass**

Unitarian Universalist Congregation 11850 W State Rd 84, Ste A9, Davie, FL 33325

WELCOME TO OUR RIVER OF GRASS FAMILY. WELCOME TO OUR WARMTH. WELCOME HOME!

River of Grass Weekly Update – October 17, 2024

# Listening to Babes and Sages: A Multigenerational Worship Service

"Make the world better."

~Lucy Stone, Unitarian Suffragette

What is love calling you to do? The world needs Unitarian Universalists to show up for justice with spiritual grounding, generosity, humility, courage, and concrete skills. It is a spiritual practice to choose love over fear, to be brave, to show up when we're called, and to occupy space with loving resistance rather than fearful retreat. We are most powerful when we understand that all the issues we care most deeply about are fundamentally interlinked and that each of us has a role to play in building a world in which all people can be free and thrive. When we bring our best selves to our justice work, whichever specific issue or campaign it might be, we are choosing to Side With Love.

Join us on Sunday for inspiration from "babes and sages" as we count down to one of the most consequential elections of our lives. Come as you are at 10:30 this Sunday morning – either in-person at our new location in Davie (info below) or virtually on Zoom and Facebook Live. Come a bit before and we can chat prior to the service. We'll be watching for you!

In person at:

- 11850 W State Road 84, Suite A9, Davie, FL 33325 (Click for Directions)
- Service will begin at **10:30 AM**
- Childcare will be provided.

Use the Zoom link below to gather with us virtually in Zoom. Catch us on Facebook live on our <u>Facebook</u> <u>page</u>.

# Join Zoom Meeting

https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09 Meeting ID: 961 564 350; Password: 873805 Find your local number: https://zoom.us/u/ab3E9JRtb9

Upcoming In-Person or Virtual Events - This Sunday:

# Sunday, October 20, 2024 - 10:30 AM

**River of Grass UU Congregation** – "Listening to Babes and Sages: A Multigenerational Worship Service" - Karen Gonzalez <u>https://zoom.us/j/961564350?pwd=cFpKY2RtRk4wVE5NbDczdTU5THViQT09</u>

# Faith Development for Kids and Youth:

This Sunday is our 3rd Sunday Multigenerational Worship Service. There will be no separate classes for kids and youth. We will debut a new chalice lighter and hear his Vision for Unitarian Universalism. At the Prayground table, kids will have the opportunity to help get out the vote by creating yard signs. The Nursery will be open from 10:00 am until 12:00 pm.

For more information about our Faith Development program for Kids and Youth, contact our Director, Karen Gonzalez at <u>ReligiousEducator@RiverofGrassUU.org</u>.

Families are asked to register their children for a new year of Faith Development using the link below.

**REGISTER FOR FAITH DEVELOPMENT 2024-25** 

#### Flowing River Sangha meditation on Sunday Mornings

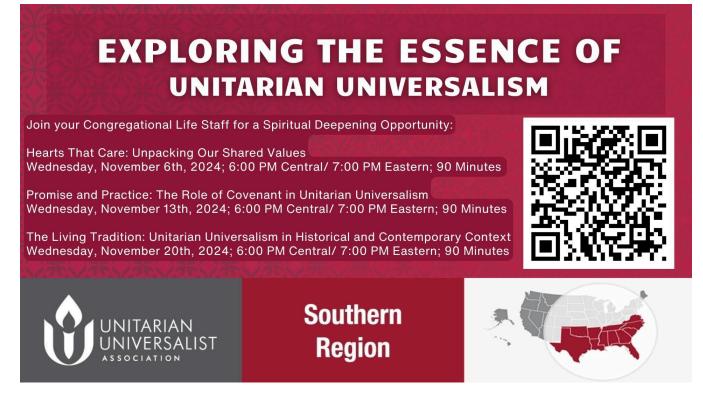
The Flowing River Sangha meets on Sunday mornings at **8:30 AM via Zoom**. Come learn and practice cultivating present-moment awareness with an experienced meditator and group facilitator. Gary Gonzalez has been leading mindfulness meditation groups since 2014. Join us via Zoom at the following link: <u>Flowing River Sangha Zoom Link</u>. We look forward to seeing you there. Peace.

#### RevAmy on Medical Respite October

Beloveds, as shared with you on Sunday, Sep 22<sup>nd</sup>, I had surgery on Oct 3<sup>rd</sup> to repair a hiatal hernia, recovery from which will require rest for the better part of October, followed by another month of carefully curated return activity. I plan to be back with you for Sunday service, on Oct 27<sup>th</sup>, with the caveat that I will still not be able to sing until December. Your Worship Team has great plans for the services I will miss, and your Music Team is providing Song Leaders throughout this time. Remember your leadership is charged up and ready to go for this growing year. If you have pastoral needs, please call the office at 954-723-7877 and you'll be connected to care. Be assured I am in good hands in the hospital (we're told my surgeon is the best for this!), and at home with Brooke -- and you are always and ever the River going and flowing through everything and anything together. We don't anticipate any particular needs beyond your healing energies and prayers sent our way and will keep you up to date as needed. Know how much I will miss you and can't wait to see you in a month. Till then, Shine on! With love and gratitude, RevAmy

# Exploring the Essence of Unitarian Universalism

Unitarian Universalism is a living tradition that evolves to meet our current reality and respond to current human needs. In our shared tradition, we practice discernment about our shared Faith in community with one another, listening for the wisdom among us. Please join your Congregational Life Staff for a series of conversations about three critical aspects of Unitarian Universalism: our shared values, our covenants, and our historical context. Each session will include informational background and current context for each subject, making these discussions appropriate for new UUs, Lifelong UUs, and everyone in between.



# Music-loving Progressive Congregation Seeks Part-time Choir Director/Pianist!

River of Grass Unitarian Universalist Congregation (Davie, FL) seeks a leader ready for some fun growing our choir, enriching the worship experience, and cultivating the joyful power of music with our community. For more information about this position and our congregation, <u>please visit our website</u>.

# **Upcoming Events:**

- Thursday, Oct 17 Mindfulness for Today's World at 6:00 pm
- Thursday, Oct 17 Men's Group at 7:00 pm
- Saturday, Oct 19 Full Moon Daughter's hang-out beach day (Dr. Von D. Mizell-Eula Johnson State Park beach) Dania Beach from 10:00 am - 2:00 pm
- Saturday, Oct 19 Spiritual Artists' Open Studio at 2:00 pm
- Sunday, Oct 20 Flowing River Sangha Meditation at 8:30 am
- Sunday, Oct 20 Sunday Service at 10:30 am
- Wednesday, Oct 23 Virtual Admin Drop in with Sandy from 10:30 am 12:00 pm
- Saturday, Nov 16 River of Grass Annual Auction at 6:00 pm

#### Free "Mindfulness for Today's World" weekly online sessions:

Thursdays 6:00 - 7:00 pm for adults, zoom link for Thursday at 6 pm

For more information or to register contact <u>Carolyn@InsightInstituteLLC.com</u> or <u>Scott@InsightInstituteLLC.com</u>, or visit <u>http://www.insightinstitutellc.com/</u>

**RoG Men's Group – We will meet today, Thursday, Oct 17<sup>th</sup>.** We are meeting **in person or via Zoom at 7:00 pm in Suite A9, 595 Park of Commerce:** The official address is 11850 SR 84, Suite A9, Davie, FL 33325. Our optional pre-meeting dinner will be at **Lester's Diner: 1393 NW 136th Ave, Sunrise, FL 33323**. We'll meet there at 5:30 pm. We are a lay-led group that looks to our members for discussion topics. All who identify as male are invited to join us! Our topic tonight is: **Spiritual Recharge**. We will meet in person or via <u>Zoom Meeting</u>. If you're joining us for dinner, please email Ken Bresnahan, group facilitator, so that he can coordinate space.) For questions: contact Ken; at <u>mensgroup@riverofgrassuu.org</u>.

**Full Moon Daughters** – Join the Full Moon Daughters for our first outing of the congregational year: a **hang-out beach day at the beautiful Dr. Von D. Mizell-Eula Johnson State Park beach in Dania on Saturday, Oct 19<sup>th</sup>**. All women, girls, and those who identify as female are welcome. We will gather from 10:00 am - 2:00 pm. Bring your towel, sand chair, boogie, and other beach necessities. A casual snack bar and kayak/paddleboard rentals are available. There is a \$6 per car entry fee, carpooling from River of Grass will be available. To sign up, or for more information about River of Grass Full Moon Daughters, email: <u>fullmoondaughters@riverofgrassuu.org</u>.

# River of Grass' Spiritual Artists' Open Studio at A9 Saturday, Oct 19th, at 2:00 pm

(11850 W State Rd 84, suite A9, Davie, FL)



Come create with other spiritual imagineers.



We will be painting rocks, painting with acrylics, drawing and working



with water soluble Aqua Crayon Sticks



and oil-based Cray-Pas crayons. Or bring your own art



or craft supplies and let's create together.

If you have any questions please contact Steve Jens-Rochow. SpiritualArt@riverofgrassuu.org

**Virtual Admin Drop-In with Sandy** - Have a question for our Office Administrator? Come on and drop in any time between **10:30 am - 12:00 noon every Wednesday on Zoom**. Join Zoom Meeting: <u>https://us02web.zoom.us/j/88206328735?pwd=Ka6B9096Uvl9007wRsacYtb5VxbqsY.1</u>

Soiree Auction Party, November 16<sup>th</sup>



# Get your tickets \$35 per person on Silent Auction Pro!

Donations information can be sent to <u>Auction@RiverofGrassUU.org</u>. Remember to let the auction committee know about what restaurants or stores you are getting certificates from.

# **River of Grass Auction 2024!**

# The Mountain Retreat & Learning Center items for this month:

**Fall YouthCONs:** Youth CONferences are fun and entertaining weekend gatherings of Unitarian Universalist youth who attend as a part of a congregational sponsored group. CONs are planned by youth for youth and are supervised by Peer Advocate Leaders (PALs) and advisors. Each CON provides opportunities for youth leadership and empowerment through building community, connecting with friends, and engaging in personal reflection and spiritual growth. Participants stay in our cozy cabins and eat together in our Dining Hall, which prepares delicious meals suited to individual dietary needs.

Elementary CON (3<sup>rd</sup> to 5<sup>th</sup> grade) - October 18-20

Intermediate CON (6<sup>th</sup> to 8<sup>th</sup> grade) - November 1-3

Senior High CON (9<sup>th</sup> to 12<sup>th</sup> grade) - December 13-15

Learn more and register at: www.themountainrlc.org/youth-conferences/

**The Shaman's Path with Don Simmons** – November 8-10: In a world full of noise, it's time to take a breath of Fresh Air and return to yourself. Join Don Simmons, a professional meditation teacher, hypnotherapist, sound practitioner, psychic and Shamanic healer/teacher for over 30 years, as you bring your bodies, mind, and spirit back to harmony. It's a wonderful opportunity to become fully immersed in growing your relationship with the Great Spirit and replenish and renew the connection you have with the divine nature of the universe. Meditation

and communing with Nature are a big part of this retreat as we gather with like-minded people to explore and release, to accept and be at peace. Your heart will open and be filled with love. Your smile will return, and you will be fully embraced as your mind, body and spirit are brought into harmony.

Learn more and register at: <a href="http://www.themountainrlc.org/event/the-shamans-path/">www.themountainrlc.org/event/the-shamans-path/</a>

**Grateful Gathering** – November 27 – December 1: Make this Thanksgiving an extra special time and join us at The Mountain for a weekend of acknowledging and celebrating the gratitude in our lives. Even through challenging times, there is much to be grateful for – be it friendships, family, community, opportunities for expanding our minds, and all the wonderful and inspiring things in our lives. The weekend program includes engaging workshops, entertainment, hiking through the gorgeous Blue Ridge Mountains, connecting with old and new friends, worship service, and outdoor adventures. This is a great opportunity to invite family and friends to share time together, and no one has to cook or clean up after the holiday feast! Learn more and register at: www.themountainrlc.org/event/greatful-gathering/

**SSJGT, Service and Social Justice Green Team, Green Tip of the Week:** AVOID BEEF! Avoiding beef is most likely the #1 thing each of us can do to help the environment. Compared to other meats, beef generates 5 times the greenhouse gases, uses 11 times the water, and 28 times the land, according to the National Academy of Sciences. Skip the beef, save the planet.

To see all of the upcoming events at River of Grass, please visit the calendar on our website at <u>riverofgrassuu.org/calendar.html</u>. **River of Grass UU Congregation** is on <u>Facebook</u> (LIKE us) and <u>Twitter</u> (FOLLOW Us). For more information, please contact <u>communityawareness@riverofgrassuu.org</u>.

*Unsubscribe* - If you do not wish to receive this weekly email, please send an email and we will remove you from the mailing list, <u>office@riverofgrassuu.org</u>.

Announcements wishing to be sent out in the weekly congregation-wide update should be e-mailed to <u>WeeklyEmail@RiverofGrassUU.org</u> by noon Wednesday. All announcements will pertain to congregational life and affiliated groups and will be for activities or events occurring within two weeks of the e-mail. Outside groups and individuals, wishing to use this vehicle of congregation-wide communication, must have the approval of the Board of Trustees.

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